

Options

following sexual assault

RVAP

24/7 CRISIS LINE

319.335.6000

Call RVAP. RVAP supports survivors of sexual assault & their loved ones. Confidential & free.

Medical

Go to ER within 5 days of assault to collect evidence &/or receive STI & pregnancy preventative medications. Services are free.

Legal

If child decides to report, they can contact police in the city where the assault took place &/or call RVAP for more information.

Academic

Your child can report or receive accommodations from the office that handles sexual misconduct.

Reporting to the institution is separate from legal reporting & an investigation may begin without student's consent.



RVAP

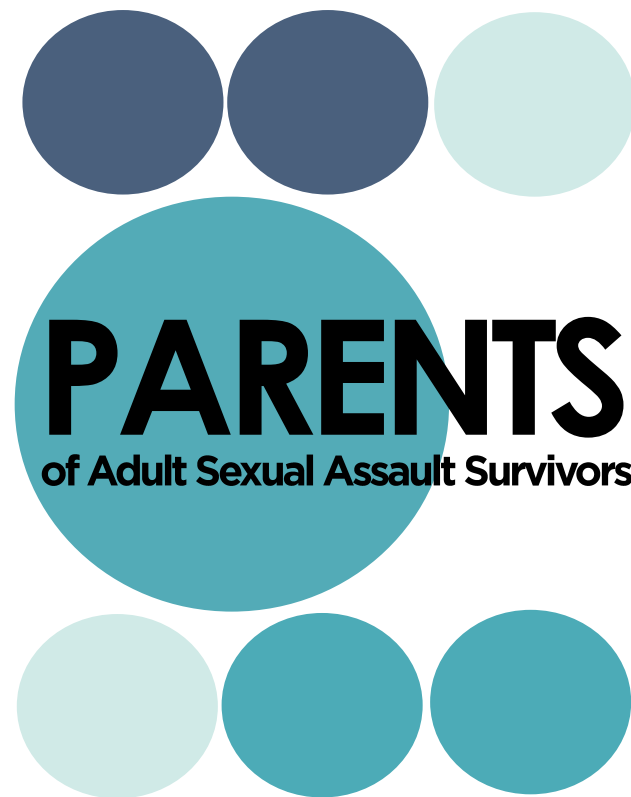
ADVOCACY. SUPPORT. PREVENTION.



LIKE US | RVAP.ORG | #RVAP

24-7 Crisis Line | Statewide Hotline
319.335.6000 | 800.284.7821

332 S. Linn St., Suite 100
Iowa City, IA
Business: 319.335.6001
Fax: 319.335.6057



PARENTS

of Adult Sexual Assault Survivors



RVAP

ADVOCACY. SUPPORT. PREVENTION.

Business Line | 24-7 Crisis Line
319.335.6001 | 319.335.6000

Supporting your child

No matter how old, they will always be your baby. So of course, you care and want to help but where do you start?

Start by believing and not blaming

Part of believing is realizing there is no “right” way or time to heal. Sexual violence affects the mind, body and spirit so “getting over it” can be complicated and timely.

*“Compassion is not a relationship
between the healer & the
wounded. It is a covenant
between equals.”*

-Gregory Boyles

Other forms of support

- Believe their story
- Don't ask why—why implies blame
- Avoid “shoulds” and “coulds” (e.g., “you shouldn't have been drinking”)
- Understand if your child does not tell you about the assault immediately
- Do not offer more than you can give
- Let them choose but offer options
 - Medical treatment
 - Counseling
- If possible, offer personal assistance (e.g., place to stay, help with responsibilities)
- Recognize your limitations; you cannot save your child.
- Maintain confidentiality
- Take care of yourself